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Abstract

This paper deals with the estimation of the risk-return trade-off. We use a MIDAS model for the conditional variance and allow for possible switches in the risk-return relation through a Markov-switching specification. We find strong evidence for regime changes in the risk-return relation. This finding is robust to a large range of specifications. In the first regime characterized by low ex-post returns and high volatility, the risk-return relation is reversed, whereas the intuitive positive risk-return trade-off holds in the second regime. The first regime is interpreted as a “flight-to-quality” regime.

JEL classification: G10, G12

Bank classification: Economic and statistical models; Financial markets

Résumé

Notre étude porte sur l'estimation de la relation entre le risque et le rendement. À cette fin, nous estimons cette relation avec un modèle à changements de régimes markoviens en utilisant un modèle MIDAS pour la variance conditionnelle. Les résultats obtenus à partir de nombreuses spécifications militent fortement en faveur de changements de régimes dans la relation entre le risque et le rendement. Dans le premier régime, caractérisé par de faibles rendements ex post et une forte volatilité, la relation entre le risque et le rendement est négative; à l'inverse, la relation de ces deux éléments est positive dans le second régime comme le prévoit le modèle théorique. Le premier régime constitue selon nous un mouvement de report vers la qualité.

Classification JEL : G10, G12,

Classification de la Banque : Méthodes économétriques et statistiques; Marchés financiers

1 Introduction

The Intertemporal Capital Asset Pricing Model (ICAPM) of Merton (1973) states that the expected excess return on the stock market is positively related to its conditional variance:

$$E_t(R_{t+1}) = \mu + \gamma V_t(R_{t+1}), \quad (1)$$

formalizing the intuition that a riskier investment should demand a higher expected return (relative to the risk-free return). However, in the empirical literature, there is mixed evidence on whether the parameter γ is indeed positive and statistically significant. Examples include Ghysels, Santa-Clara, and Valkanov (2005), Guo and Whitelaw (2006), and Ludvigson and Ng (2007), who all find a positive risk-return trade-off.¹ In contrast, Glosten, Jagannathan, and Runkle (1993), using different GARCH specifications, find a negative relation between risk and return. Similarly, Brandt and Kang (2004) model both the expected returns and conditional variance as latent variables in a multivariate framework and find a negative trade-off. Alternatively, Yu and Yuan (2011) use data on investor sentiment to study the risk-return trade-off. They find that expected returns and conditional variance are positively related in low-sentiment periods, but unrelated during high-sentiment periods.

Omitted variables could play a role in explaining these conflicting results. For example, Scruggs (1998) and Guo and Whitelaw (2006) emphasize the need to include additional variables in the risk-return relation to capture shifts in investment opportunities. Lettau and Ludvigson (2001) suggest using the consumption-wealth ratio in the risk-return relation. Ludvigson and Ng (2007) instead include factors summarizing the information from a large set of predictors, and Lettau and Ludvigson (2010) find that a positive risk-return relation is uncovered using lagged mean and lagged volatility as additional predictors.

Another reason for the conflicting results reported in the literature is in the way that the conditional variance is modelled. Indeed, if one wants to estimate the risk-return trade-off over a long period of time, the conditional variance is not directly observable and must be filtered out from past returns. An attractive approach is the one developed by Ghysels, Santa-Clara, and Valkanov (2005). They introduce a new estimator for the conditional variance - the MIDAS (MIxed DAta Sampling) estimator - where the conditional variance depends on the lagged daily returns aggregated through a parametric weight function. The crucial difference with rolling-window estimators of the conditional variance is that the weights on lagged returns are determined endogenously and in a parsimonious way with the MIDAS approach. In this paper, we follow the approach of Ghysels, Santa-Clara, and Valkanov (2005) and use a MIDAS estimator of the conditional variance, since it is likely that this estimator can more fully describe the dynamics of market risk.² It is also a

¹French, Schwert, and Stambaugh (1987) find a strong negative relation between the unpredictable component of volatility and expected returns, whereas expected risk premiums are positively related to the predictable component of volatility.

²Hedegaard and Hodrick (2013) point out a coding error in Ghysels, Santa-Clara, and Valkanov (2005), which affected the estimated risk-return trade-offs, particularly in samples covering financial crises. See Ghysels, Plazzi, and Valkanov (2013) for further discussion.

convenient approach, since it permits us to easily model the dynamics of the risk-return trade-off at different frequencies.

In this paper, we also consider regime changes in the parameter γ entering before the conditional variance to reflect the possibility of a changing relationship between risk and return.³ The relation between risk and return should not necessarily be linear. For example, Backus and Gregory (1993) and Whitelaw (2000) show that non-linear models are consistent with a general equilibrium approach. Campbell and Cochrane (1999) underline the time-varying nature of risk premiums. In particular, Whitelaw (2000) estimates a two-regime Markov-switching model with time-varying transition probabilities that include aggregate consumption as a driving variable for the transition probabilities to account for the changes in investment opportunities. He then finds a non-linear and time-varying relation between expected returns and volatility. Alternatively, Tauchen (2004) criticizes the reduced-form nature of the models that estimate the risk-return trade-off. He develops a general equilibrium model where volatility is driven by a two-factor structure, with a risk premium that is decomposed between risk premiums on consumption risk and volatility risk.

More recently, Rossi and Timmermann (2010) proposed new evidence on the risk-return relationship by claiming that the assumption of a linear coefficient entering before the conditional variance is likely to be too restrictive. They use an approach based on boosted regression trees and find evidence for a reversed risk-return relation in periods of high volatility, whereas the relation is positive in periods of low volatility.⁴ They also propose to model risk with a new measure, the realized covariance calculated as the product between the changes in the Aruoba, Diebold, and Scotti (2009) index of business conditions and the stock returns. We follow their approach and include this new measure of risk as a conditioning variable for estimating the risk-return trade-off.

We estimate regime-switching risk-return relations using 1-week, 2-week, monthly and quarterly returns, ranging from February 1929 to December 2010. Our empirical results can be summarized as follows:

- There is strong evidence for regime changes in the risk-return relation, as supported by the test for Markov-switching parameters recently introduced by Carrasco, Hu, and Ploberger (2013).
- In the first regime characterized by low ex post returns and high volatility, the risk-return relation is negative, whereas the risk-return relation is positive in the second regime. This is consistent across all the frequencies that we consider and a wide range of specifications (the inclusion of additional predictors, the use of time-varying transition probabilities, the use of Student-t rather than normal innovations and the use of an asymmetric MIDAS estimator of the conditional variance).

³While writing the current version of this paper, we became aware of independent and simultaneously written work by Arago, Floros, and Salvador (2013) using a similar approach with European data.

⁴The boosted regression trees approach is a statistical technique that combines tree-based methods (i.e., methods that partition the space of predictors in disjoint regions and then fit simple models in each of these regions) with boosting (i.e., iterative methods designed to increase predictive power).

- The first regime can be interpreted as a "flight-to-quality" regime. This evidence corroborates the findings in Ghysels, Plazzi, and Valkanov (2013), who document that the Merton model holds over samples that exclude financial crises, in particular, the Great Depression and/or the subprime mortgage financial crisis and the resulting Great Recession. They also report that a simple flight-to-quality indicator, based on the ex post extreme tail events, separates the traditional risk-return relation from financial crises, which amount to fundamental changes in that relation. In this paper, we show that a Markov switching regime model is indeed recovering a similar pattern.

The paper is structured as follows. Section 2 presents the model we use for estimating the risk-return relation. Section 3 details the main results of the paper and provides a comparison of the estimated conditional variances with GARCH specifications. Section 4 provides a sensitivity analysis across a wide range of models as well as an out-of-sample forecasting exercise. Section 5 concludes.

2 Estimation of the risk-return trade-off with a Markov-switching MIDAS model

If returns are normally distributed, the MIDAS estimation of the risk-return trade-off is such that:

$$R_{t+1} \sim N(\mu + \gamma V_t^{MIDAS}, V_t^{MIDAS}) \quad (2)$$

However, the assumption of a constant parameter γ can be too restrictive and could miss changes in investment opportunities due to, for example, changes in the level of market volatility. We therefore propose to model regime changes in the parameter γ through a Markov-switching process that can account for time instability in the risk-return relation. We also consider regime changes in the intercept μ to account for time variation in the mean of the returns. Equation (2) then becomes:

$$R_{t+1} \sim N(\mu(S_{t+1}) + \gamma(S_{t+1})V_t^{MIDAS}, V_t^{MIDAS}) \quad (3)$$

where S_{t+1} is an M-state Markov chain defined by the following constant transition probabilities:

$$p_{ij} = Pr(S_{t+1} = j | S_t = i) \quad (4)$$

$$\sum_{j=1}^M p_{ij} = 1 \forall i, j \in \{1, \dots, M\} \quad (5)$$

We use a MIDAS estimator for the conditional variance of the stock market, since it has already proven to be a useful specification for the estimation of the risk-return trade-off (see,

e.g., Ghysels, Santa-Clara, and Valkanov (2005)). The MIDAS estimator of the conditional variance is based on the lagged daily returns, which are weighted via a parametric weight function. Two popular choices in the literature are the beta polynomial and the exponential Almon lag weight functions:

$$w(j; \theta) = \frac{\left(\frac{j}{D}\right)^{\kappa_1} - \left(1 - \frac{j}{D}\right)^{\kappa_2 - 1}}{\sum_{j=0}^K \left(\frac{j}{D}\right)^{\kappa_1} - \left(1 - \frac{j}{D}\right)^{\kappa_2 - 1}} \quad (6)$$

$$w(j; \theta) = \frac{\exp(\kappa_1 j + \kappa_2 j^2)}{\sum_{j=0}^K \exp(\kappa_1 j + \kappa_2 j^2)} \quad (7)$$

The above weight functions can take a large variety of shapes depending on the value of the two parameters κ_1 and κ_2 . In this paper, we use daily absolute returns rather than squared returns, since the use of absolute returns makes the estimated conditional variance less sensitive to outliers. This is relevant, since we include periods of high volatility in our estimation sample (1929–2010). In addition, Ghysels, Santa-Clara, and Valkanov (2006) and Forsberg and Ghysels (2007) find that realized power (i.e., the daily sum of the 5-minute absolute returns) is the best predictor of future volatility. The MIDAS estimator of the conditional variance is then given by:

$$V_t^{MIDAS} = N \sum_{d=0}^D w_j |r_{t-d}| \quad (8)$$

where N is a constant that corresponds to the number of traded days at the frequency of the expected returns to ensure that expected returns and conditional variance have the same scale.⁵

The model is estimated by maximum likelihood via the EM algorithm, since this algorithm performs well for estimating non-linear models (see, e.g., Hamilton (1990) and Guérin and Marcellino (2013)).

Several papers estimate Markov-switching models for assessing the risk-return relation. Whitelaw (2000) estimates a Markov-switching model with time-varying transition probabilities with monthly aggregate consumption data and finds a non-linear and time-varying risk-return relation. Mayfield (2004) introduces regime switching in a general equilibrium model where market risk is characterized by periods of high and low volatility, which evolves according to a Markov-switching process. He finds evidence for a shift in the volatility process in 1940 and uncovers a positive risk-return trade-off. Kim, Morley, and Nelson (2004) estimate a Markov-switching model for stock returns. They find evidence for a negative and significant volatility feedback effect, which supports a positive risk-return trade-off in normal times.

In particular, in a general equilibrium exchange economy, the sign of the risk-return relation depends on the sign of the correlation between the marginal rate of substitution (or "stochastic discount factor") and the market return (see, e.g., Whitelaw (2000)). Therefore,

⁵ $N = \{5, 10, 22, 66\}$ for regressions at 1-week, 2-week, monthly and quarterly horizons.

the parameter $\gamma(S_{t+1})$ entering before the conditional variance in equation (3) cannot be directly interpreted as the coefficient of relative risk-aversion. Instead, $\gamma(S_{t+1})$ corresponds to the product of the volatility of the stochastic discount factor and the correlation between the stochastic discount factor and the market return.

3 Data and empirical results

3.1 Data

We use the S&P500 composite portfolio index, ranging from 1 February 1929 to 31 December 2010, as a proxy for stock returns. The daily returns are taken as 100 times the daily percentage change in the index. The risk-free rate is obtained from the 3-month Treasury bill, which is transformed at the daily frequency by appropriately compounding it and then subtracted from the returns to obtain excess returns. We use excess returns in the empirical analysis of the paper, but, for brevity, we refer to them as returns. The data for stock returns are obtained from the Global Financial Data website. The risk-free rate series from 1929 to 1933 are the “Yields on Short-Term U.S. Securities Three-Six Month Treasury Notes and Certificates, Three Month Treasury” from the NBER Macroeconomy database. The risk-free rate from 1934 to 2010 is the 3-month Treasury bill taken from the Federal Reserve website.

Table 1 shows summary statistics for monthly excess returns. We consider two estimation samples: from February 1929 to December 2010 and from February 1964 to December 2010. Following Ghysels, Santa-Clara, and Valkanov (2005), we choose 1964 as the start year for the subsample analysis. The average monthly excess return over the full sample is 0.399%, which is slightly higher than in the shorter estimation sample at 0.387%. The monthly excess returns over the full estimation sample also have higher standard deviation and a larger range than the shorter estimation sample. Figure 1 plots the data.

3.2 MIDAS and GARCH estimates of the risk-return relation

The MIDAS estimator of the conditional variance aggregates past absolute daily returns so that, to compute the conditional variance for a given month N , we use daily returns until the last traded day of month $N - 1$. The past daily returns are aggregated with the beta weight function, since Ghysels, Santa-Clara, and Valkanov (2006) find that it performs well with S&P500 data.⁶ We then regress the returns of month N on the MIDAS estimator of the conditional variance for month N to estimate the risk-return relation in equation (1).

The monthly realized absolute variance is computed from the within-month daily absolute returns:

$$RVAR_{t+1} = \sum_{d=0}^D |r_{t+1-d}|$$

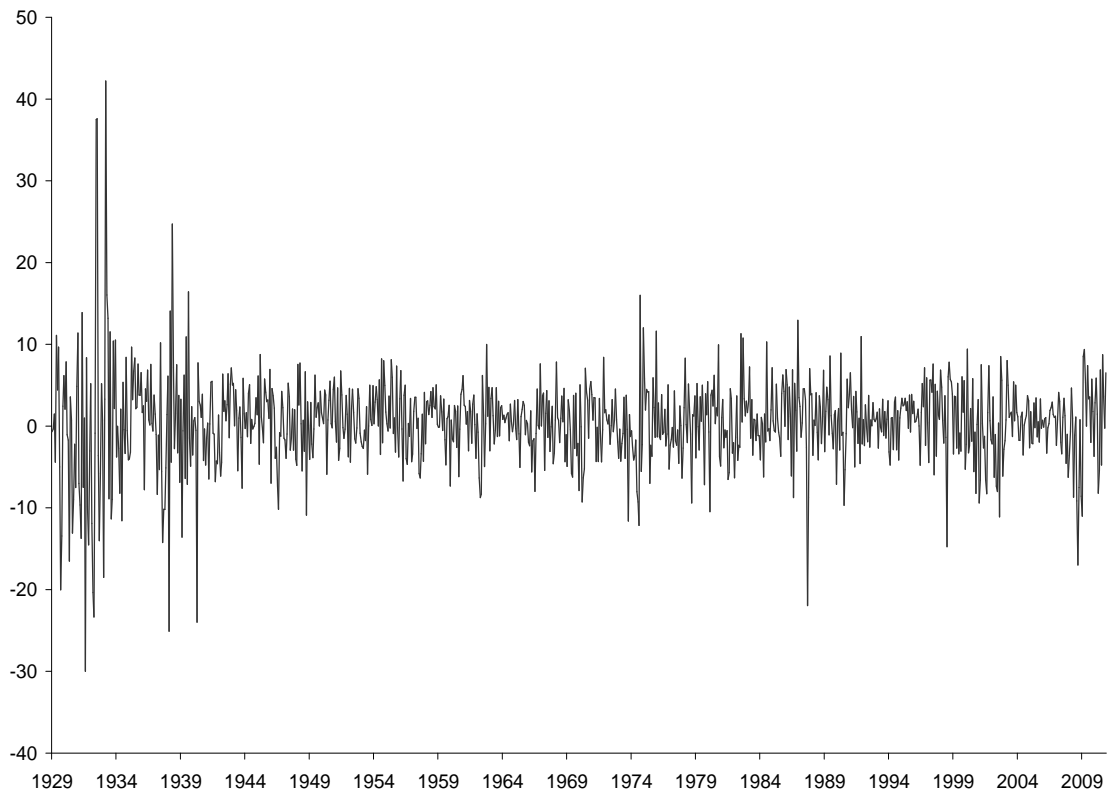
⁶The use of an exponential Almon lag weight function yields qualitatively similar results.

Table 1: Summary statistics for monthly U.S. excess stock returns

Statistic	1929:02 - 2010:12	1964:02 - 2010:12
Mean	0.399	0.387
Standard deviation	5.581	4.370
Minimum	-29.991	-21.954
Maximum	42.207	15.989
Number of observations	983	563

The last two columns report the sample statistics. Data are the S&P 500 composite portfolio returns obtained from the Global Financial Database website.

Figure 1: MONTHLY EXCESS STOCK RETURNS, FEBRUARY 1929–DECEMBER 2010



where D is the number of traded days in month $t + 1$. For brevity, from this point on, we refer to realized absolute variance simply as realized variance.

Table 2 shows the empirical results for the linear estimates of the risk-return trade-off using returns R_{t+1} for the left-hand side of equation (1) ranging from the weekly to the quarterly frequency. The results show a positive relation between expected returns and conditional volatility for both the subsample and full-sample analyses and across all frequencies for the expected returns R_{t+1} . However, the coefficient γ entering before the conditional variance is not significant at the 10% level, except in the subsample analysis at the 2-week horizon. R_R^2 is the coefficient of determination from regressing R_{t+1} on the MIDAS estimator of the conditional variance. The explanatory power for the returns is low and typically increasing at lower frequency. The last column of Table 2 reports the $R_{\sigma^2}^2$, which is obtained from the regression of the realized variance on the MIDAS estimator of the conditional variance. MIDAS estimators of the conditional variance explain between 47.52% and 58.74% of the realized variance. Moreover, the predictive power of the MIDAS estimators is higher at the monthly frequency. Indeed, Figure 2 shows that the monthly MIDAS estimator of the conditional variance tracks the monthly realized variance very well.

Figure 2: MIDAS AND REALIZED VARIANCES, FEBRUARY 1929–DECEMBER 2010

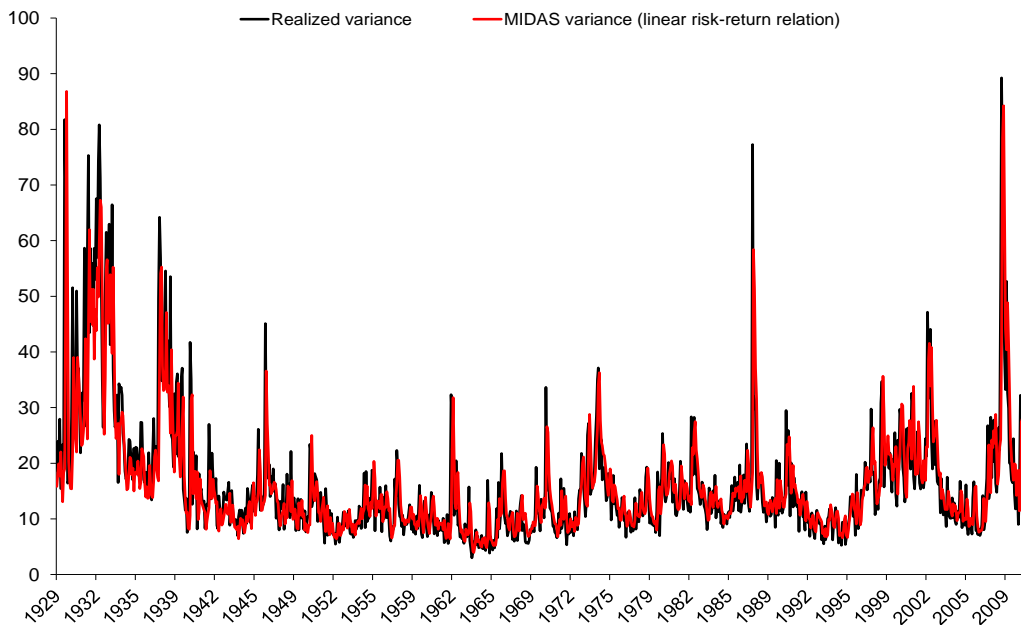


Table 2: Linear risk-return relation: $R_{t+1} \sim N(\mu + \gamma V_t^{MIDAS}, V_t^{MIDAS})$

	μ (*10 ²)	γ	$LogL$	R_R^2	$R_{\sigma^2}^2$
<i>Full-sample analysis: February 1929–December 2010</i>					
Quarterly	0.129 [0.030]	0.025 [0.273]	-1227.190	0.94%	57.38%
Monthly	0.262 [1.334]	0.009 [0.664]	-2987.476	0.01%	58.74%
2-week	0.088 [0.828]	0.013 [0.750]	-5562.106	0.02%	56.26%
1-week	0.066 [1.750]	0.007 [0.948]	-9532.267	0.01%	50.56%
<i>Subsample analysis: February 1964–December 2010</i>					
Quarterly	-0.327 [-0.339]	0.034 [1.418]	-642.927	0.33%	47.52%
Monthly	0.271 [0.709]	0.008 [0.285]	-1593.271	0.10%	54.12%
2-week	-0.001 [-0.008]	0.026 [2.214]	-2992.930	0.03%	54.08%
1-week	0.014 [0.783]	0.022 [1.626]	-5133.369	0.01%	48.71%

The MIDAS estimator of the conditional variance is computed using 120 lags for the daily absolute returns, which are aggregated with the beta polynomial weight function. T-statistics are computed from the inverse of the outer product estimate of the Hessian and are reported in brackets. $LogL$ is the value of the log-likelihood function. R_R^2 is the coefficient of determination when regressing the returns on V_t^{MIDAS} and $R_{\sigma^2}^2$ is the coefficient of determination when regressing the realized variance on V_t^{MIDAS} .

Another way to model the conditional variance is to use GARCH specifications. The GARCH-in-mean specification is another estimate of the risk-return trade-off (see, for example, French, Schwert, and Stambaugh (1987) and Glosten, Jagannathan, and Runkle (1993)). It is described by the following equations:

$$R_t = \mu + \gamma V_t^{GARCH} + \epsilon_t \quad (9)$$

$$V_t^{GARCH} = \omega + \alpha \epsilon_{t-1}^2 + \beta V_{t-1}^{GARCH} \quad (10)$$

The absolute GARCH-in-mean (ABSGARCH) specification is instead defined as:

$$(V_t^{ABSGARCH})^{1/2} = \omega + \alpha |\epsilon_{t-1}| + \beta (V_{t-1}^{ABSGARCH})^{1/2} \quad (11)$$

We use both Student-t innovations and Normal innovations and consider two different sample sizes (1929–2010 and 1964–2010). Table 3 presents the results for the monthly GARCH-in-mean and monthly absolute GARCH-in-mean specifications, estimated with quasi-maximum likelihood via the EM algorithm. First note that the use of Student-t innovations rather than Normal innovations increases the log likelihood by about 20 in the full sample, which is a significant gain from estimating a single parameter ν . In the shorter sample size, the increase in the log likelihood is lower (about 10). Second, the estimates for γ - the parameter entering before the conditional variance - are positive in each case. However, it is significant only with the absolute GARCH-in-mean specification with Student-t and Normal innovations in the full sample period, 1929–2010. Finally, the coefficients of determination $R_{\sigma^2}^2$ s are roughly equivalent to their MIDAS counterparts and the R_R^2 is higher, especially with Student-t innovations (see Table 2).

Figure 3 plots the ABSGARCH variance with the realized variance. Unlike the MIDAS variance, the ABSGARCH variance has difficulty accommodating the period of high volatility, from 1929 to 1940.

3.3 MIDAS estimates of the regime-switching risk-return relation

Table 4 provides the estimates for the regime-switching risk-return relation described by equation (3).⁷ For the full sample analysis (1929–2010), we find that for regressions at the 1-week, 2-week and monthly horizons, the coefficient γ_1 is negative and significant, while the coefficient in the second regime γ_2 is positive and significant. In both regimes, the coefficients γ_1 and γ_2 tend to be higher in absolute value at higher frequency, which indicates a steeper risk-return relation at higher frequencies. For the subsample 1964–2010, we find qualitatively similar results.⁸

An attractive feature of Markov-switching models is their ability to endogenously generate probabilities of being in a given regime. The unconditional probabilities of being in the

⁷Note that considering only regime changes in the slope parameter γ yields qualitatively similar results.

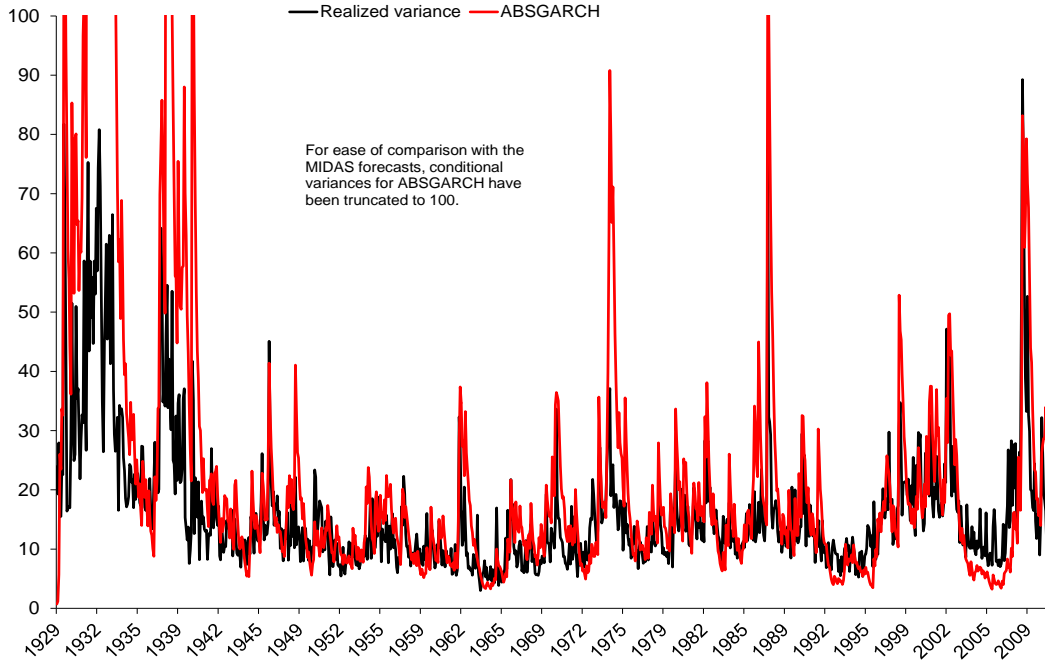
⁸Table C1 in the appendix provides additional estimation results with different estimation window sizes. The results reported are consistent with those of Table 4.

Table 3: Monthly GARCH estimates of the risk-return relation

Model	μ ($\times 10^2$)	γ	ω ($\times 10^4$)	α	β	ν	R_R^2	$R_{\sigma^2}^2$	LogL
<i>Student-t innovations</i>									
1929-2010	GARCH-in-mean	0.478 [2.207]	0.009 [0.933]	1.199 [3.344]	0.809 [28.104]	0.152 [5.374]	7.598 [4.464]	0.29% 47.27%	-2889.709
	ABSGARCH-in-mean	0.331 [1.562]	0.019 [2.206]	0.410 [5.083]	0.775 [28.212]	0.188 [7.082]	6.862 [5.012]	0.10% 58.07%	-2895.954
1964-2010	GARCH-in-mean	0.124 [0.397]	0.028 [1.588]	0.843 [2.334]	0.848 [25.023]	0.114 [3.577]	8.012 [3.293]	0.23% 30.95%	-1587.517
	ABSGARCH-in-mean	0.342 [0.974]	0.020 [0.988]	0.380 [3.769]	0.808 [20.945]	0.137 [4.093]	8.355 [3.225]	0.61% 53.89%	-1587.601
<i>Normal innovations</i>									
1929-2010	GARCH-in-mean	0.334 [1.580]	0.012 [1.325]	1.024 [4.109]	0.813 [40.627]	0.159 [6.876]	-	0.24% 47.13%	-2907.405
	ABSGARCH-in-mean	0.147 [0.807]	0.028 [4.306]	0.400 [7.143]	0.773 [42.595]	0.195 [9.693]	-	0.02% 58.46%	-2920.288
1964-2010	GARCH-in-mean	0.154 [0.576]	0.020 [1.280]	0.640 [2.546]	0.864 [34.206]	0.112 [4.050]	-	0.06% 28.18%	-1596.769
	ABSGARCH-in-mean	0.412 [63.787]	0.012 [1.280]	0.349 [5.027]	0.821 [28.391]	0.129 [4.441]	-	0.32% 51.93%	-1596.442

In the estimation, we impose constraints on the parameters ω , α and β to ensure that the conditional variance is positive. T-statistics are calculated from the inverse of the outer product estimate of the Hessian and are reported in brackets. R_R^2 is the coefficient of determination when regressing the returns on the estimated GARCH variance and $R_{\sigma^2}^2$ is the coefficient of determination when regressing the realized variance on the estimated GARCH variance. LogL is the value of the log-likelihood function.

Figure 3: ABSGARCH AND REALIZED VARIANCES, MARCH 1929–DECEMBER 2010



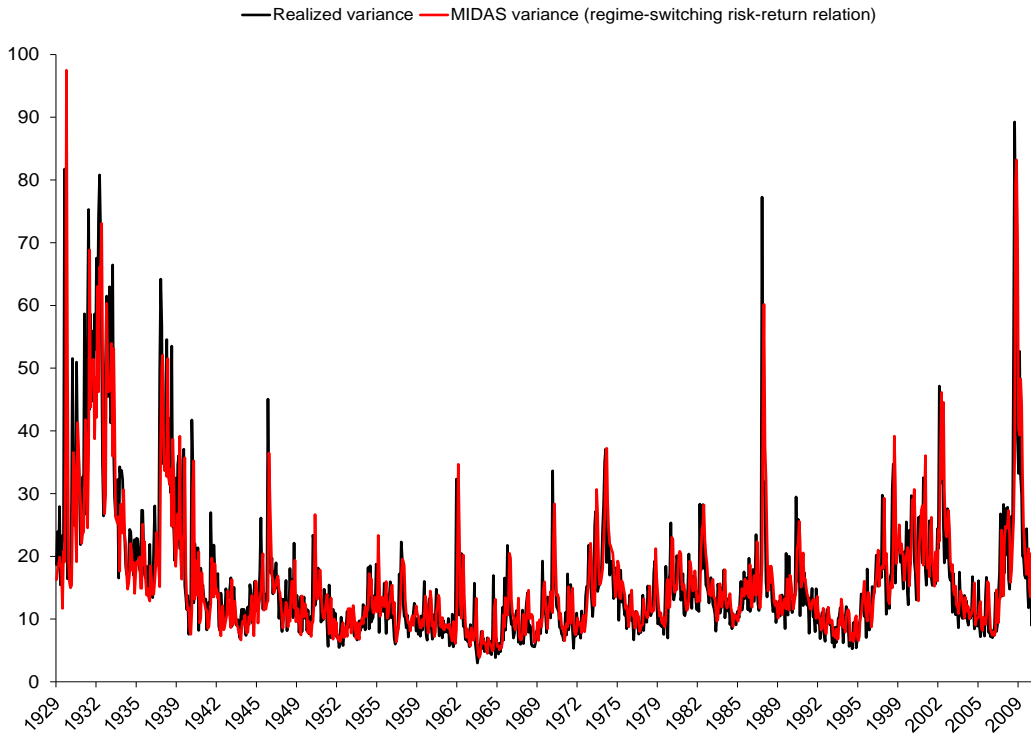
first regime are low (between 2.49% and 20.09%) and are - as expected - typically higher in the full estimation sample (1929–2010) than in the shorter estimation sample (1964–2010). Moreover, in the regime-switching case, the coefficients of determination $R_{\sigma^2}^2$ s are roughly equivalent to the linear case, and so are the $R_{R^2}^2$ s. The monthly MIDAS conditional variance obtained from the regime-switching risk-return relation is very close to the monthly realized variance (see Figure 4).

Figure 5 plots the weights attached to the lagged daily absolute returns at different frequencies for the regime-switching risk-return relation. For the 1-week and 2-week horizons, the weight function has a decreasing shape, whereas the weight function has a hump shape at the monthly and quarterly horizons. In all cases, the weights are negligible after 80 trading days, which emphasizes the importance of including more than a month of daily returns for measuring the conditional variance and the relevance of the MIDAS approach.

Figure 6 shows the estimated probability of being in the first regime (dotted line) and the actual returns (solid line). The probability is high in periods of high volatility and low returns. In particular, it peaks at one in all periods of financial turmoil.

To further understand the regime probabilities, we first run OLS regressions for the smoothed probabilities of the first regime on the slope of the yield curve, the expected

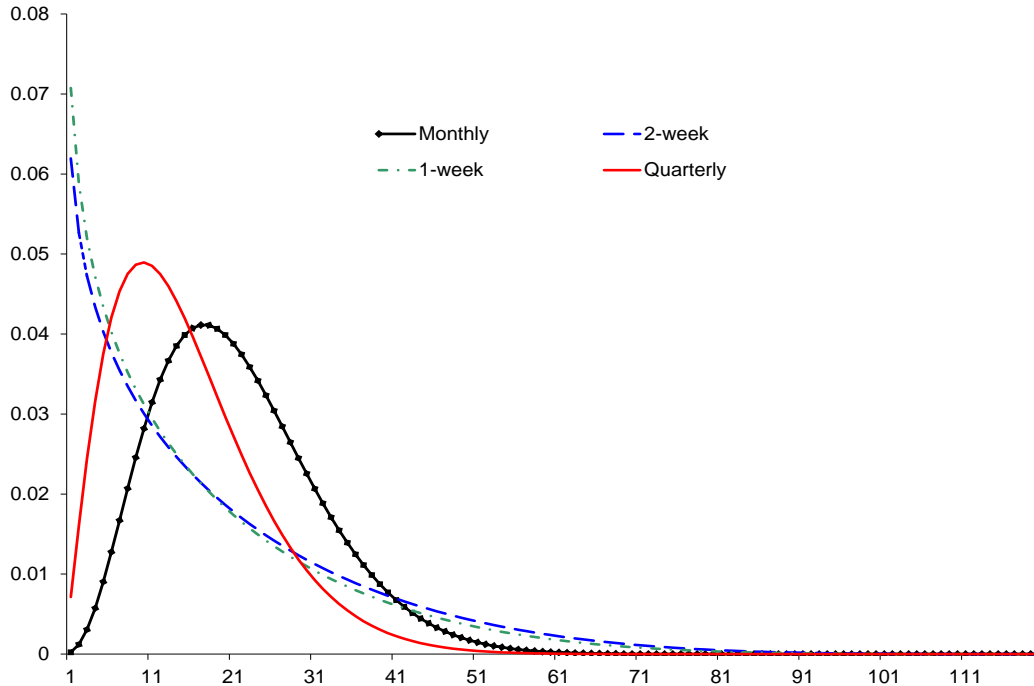
Figure 4: MIDAS AND REALIZED VARIANCES, FEBRUARY 1929–DECEMBER 2010



returns, and the changes in volatility, and we control for business cycle conditions by including the Aruoba, Diebold, and Scotti (2009) index of business cycle conditions (ADS index) in the regression. Second, we use the same set of explanatory variables, but run logistic regressions using as a dependent variable a dummy variable that takes on a value of 1 if the smoothed probability of being in regime 1 is higher than 0.5 and 0 otherwise. The results are reported in Table 5. First, expected returns always affect negatively and significantly the regime probabilities. Second, an increase in volatility is positively related to the regime probabilities. Third, the slope of the yield curve affects negatively and significantly the regime probabilities, except at the 2-week and quarterly horizons for the OLS regressions, where the coefficient on the slope of the yield curve is not significant at the 10% level. This means that when the slope of the yield curve becomes less steep (resulting from a flight-to-quality episode, for example), the probability of the first regime increases. This holds even when controlling for business cycle conditions, as defined by the Aruoba, Diebold, and Scotti (2009) index of business cycle conditions.

Therefore, in the first regime - characterized by high volatility and low ex post returns - we find that there is a reversed risk-return relation with a low premium for volatility. In contrast, in the second regime, a positive and significant risk-return relation holds. In addition, the first regime can be interpreted as a flight-to-quality regime, since the slope

Figure 5: WEIGHTS FOR THE MIDAS ESTIMATOR OF THE CONDITIONAL VARIANCE (REGIME-SWITCHING RISK-RETURN RELATION) AT DIFFERENT FREQUENCIES, FEBRUARY 1929–DECEMBER 2010



of the yield curve appears to be negatively related to the regime probabilities of the first regime. As noted earlier, this evidence corroborates the findings in Ghysels, Plazzi, and Valkanov (2013), who estimate the risk-return relationship using a simple flight-to-quality indicator.

We now compare the different estimated variance processes in Table 6. Panel A reports the means, variances and goodness-of-fit measures for the MIDAS (for both linear and non-linear cases) and ABSGARCH conditional variances using the realized variance as a benchmark. The goodness-of-fit measure is computed as one minus the sum of the absolute differences between the estimated conditional variance and the realized variance divided by the sum of the realized variance. The means and the variances of the MIDAS estimators of the conditional variances are close but slightly below the mean and the variance of the realized variance. The mean and variance of the ABSGARCH variance are instead strongly higher than the mean and variance of the realized variance. The goodness-of-fit measure is higher for the MIDAS estimators of the conditional variance than the ABSGARCH variance. This finding is particularly acute in the full sample, which is expected since the ABSGARCH variance has difficulty accommodating the high volatility episodes of the late 1920s and 1930s.

Table 4: Regime-switching risk-return relation: $R_{t+1} \sim N(\mu(S_{t+1}) + \gamma(S_{t+1})V_t^{MIDAS}, V_t^{MIDAS})$

	p_{11}	p_{22}	μ_1 (*10 ²)	μ_2 (*10 ²)	γ_1	γ_2	$LogL$	R_R^2	$R_{\sigma^2}^2$	$P(S_t = 1)$
<i>Full-sample analysis: February 1929 - December 2010</i>										
Quarterly	0.516 [4.475]	0.907 [32.219]	-13.106 [-4.143]	-1.845 [-1.738]	0.006 [0.159]	0.135 [4.377]	-1174.979	1.99%	52.76%	16.13%
Monthly	0.255 [3.352]	0.934 [43.215]	-2.610 [-1.548]	0.158 [0.517]	-0.346 [-3.223]	0.066 [2.827]	-2915.114	0.02%	54.17%	8.11%
2-week	0.269 [4.464]	0.938 [72.979]	-2.228 [-2.810]	-0.137 [-0.886]	-0.459 [-6.281]	0.122 [4.993]	-5407.312	0.01%	56.38%	7.86%
1-week	0.315 [6.454]	0.914 [37.292]	-0.387 [-0.843]	-0.088 [-1.009]	-0.747 [-9.878]	0.174 [4.016]	-9271.982	0.01%	50.79%	11.11%
<i>Subsample analysis: February 1964 - December 2010</i>										
Quarterly	0.647 [3.402]	0.911 [13.357]	-5.256 [-0.829]	-2.342 [-1.496]	-0.035 [-0.319]	0.138 [3.444]	-632.893	0.30%	50.48%	20.09 %
Monthly	0.202 [1.059]	0.944 [22.766]	-1.551 [-0.530]	0.208 [0.446]	-0.303 [-1.360]	0.043 [1.157]	-1583.303	0.02%	53.23%	6.54%
2-week	0.104 [1.039]	0.977 [99.000]	-1.716 [-1.092]	-0.039 [-0.441]	-0.789 [-3.072]	0.061 [3.322]	-2951.106	0.04%	53.75%	2.49%
1-week	0.273 [3.005]	0.961 [50.523]	-0.238 [-0.212]	-0.033 [-0.487]	-0.924 [-4.557]	0.094 [4.675]	-5070.936	0.01%	48.51%	5.08%

The MIDAS estimator of the conditional variance is calculated using 120 lags for the daily absolute returns, which are aggregated with the beta polynomial weight function. T-statistics are calculated from the inverse of the outer product estimate of the Hessian and are reported in brackets. $LogL$ is the value of the log-likelihood function. R_R^2 is the coefficient of determination when regressing the returns on V_t^{MIDAS} and $R_{\sigma^2}^2$ is the coefficient of determination when regressing the realized variance on V_t^{MIDAS} .

p_{11} and p_{22} are the transition probabilities of staying in the first and second regime, respectively.

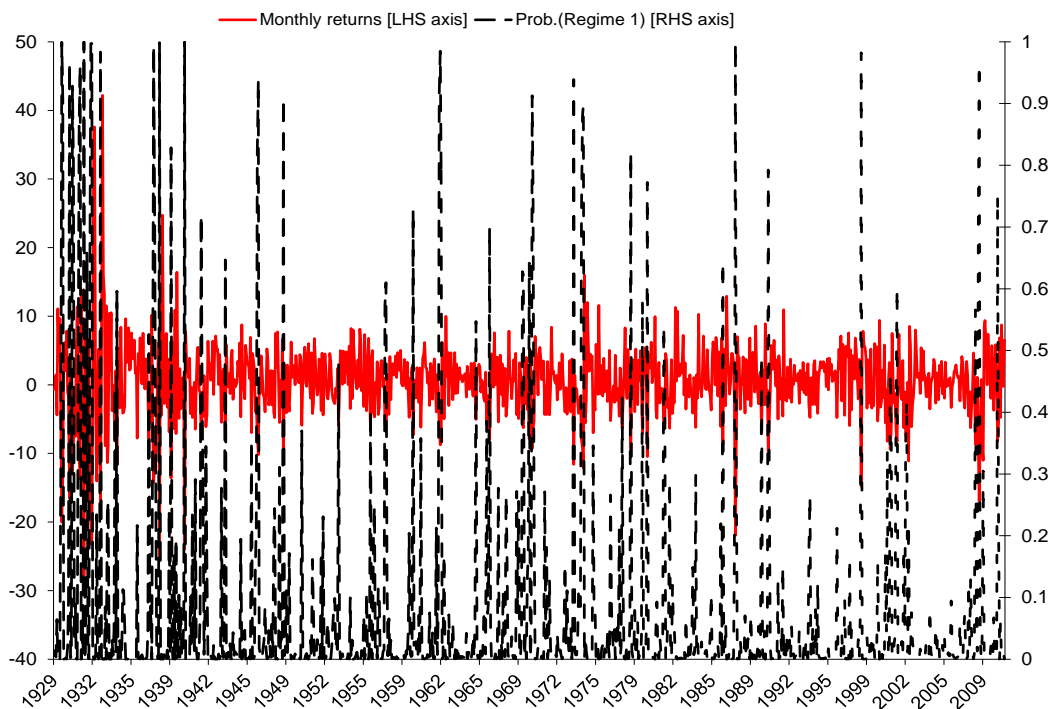
$P(S_t = 1)$ is the unconditional probability of being in the first regime.

Table 5: Explaining the regime probabilities $P(S_{t+1})$

	(Slope of the yield curve) $_{t+1}$	ΔV_{t+1}^{MIDAS}	R_{t+1}	ADS_{t+1}
<i>Panel A: OLS regression</i>				
1-week	-0.006***	0.016***	-0.039***	-0.009**
2-week	-0.003	0.007***	-0.021***	-0.004
Monthly	-0.007**	0.001	-0.023***	-0.011**
Quarterly	-0.010	0.001	-0.024***	-0.098***
<i>Panel B: Logistic regression</i>				
1-week	-0.372***	0.331	-1.450***	0.286
2-week	-1.163***	0.019	-1.378***	1.625***
Monthly	-0.591*	0.010	-1.086***	0.229
Quarterly	-0.375*	0.004	-0.287***	-1.308***

Panel A reports the results of OLS regressions of the estimated smoothed probability of being in the first regime $P(S_{t+1})$ on the level of the slope of the yield curve, the changes in the MIDAS estimator of the conditional variance ΔV_{t+1}^{MIDAS} , the returns R_{t+1} and the level of the ADS index of business cycle conditions ADS_{t+1} . Panel B reports results of logistic regressions using a dummy variable as a dependent variable and the same set of explanatory variables. The dummy variable takes on a value of 1 if the smoothed probability of being in regime 1 is higher than 0.5 and 0 otherwise. The slope of the yield curve is defined as the difference between the yields on a 10-year Treasury bond and the yields on a 3-month Treasury bill. *, **, *** indicate significance at the 10% level, 5% level and 1% level, respectively. We use only the subsample 1964–2010, since we do not have data for the ADS index and the weekly slope of the yield curve for the entire sample.

Figure 6: MONTHLY RETURNS AND PROBABILITIES OF BEING IN THE FIRST REGIME, FEBRUARY 1929–DECEMBER 2010



Panel B of Table 6 reports the cross-correlation matrix for the MIDAS (for both the linear and non-linear cases), the ABSGARCH conditional variances and the realized variance. The MIDAS conditional variance in the linear case exhibits the highest correlation with the realized variance for both samples. Not surprisingly, the MIDAS conditional variances in the linear and non-linear cases are very highly correlated. The ABSGARCH conditional variance is the second best correlated with the realized variance, although they have smaller goodness-of-fit values than the MIDAS conditional variances (see the last column of Panel A).

Figure 7 provides further insights about the variance processes under scrutiny. Panels A, B and C plot the MIDAS conditional variances (both in the linear and non-linear cases) and the ABSGARCH variance against the realized variance with a 45° line, which indicates a perfect fit with the realized variance. The MIDAS variances show no clear sign of asymmetry (panels A and B), whereas Panel C shows that the ABSGARCH variance tends to overestimate the realized variance. Finally, Panel D plots the MIDAS variance in the regime-switching case against the MIDAS variance in the linear case: this shows that the MIDAS variances are very close to each other.

Table 6: Comparison of the monthly variance processes

Panel A: Summary Statistics

Full-sample analysis: February 1929 - December 2010

Estimator	Mean (x10 ⁴)	Variance (x10 ⁸)	Goodness-of-fit
Realized	16.376	133.302	-
MIDAS (linear)	16.170	104.876	0.722
MIDAS (MS)	16.180	109.682	0.706
ABSGARCH	27.836	2271.446	0.138

Subsample analysis: February 1964 - December 2010

Estimator	Mean (x10 ⁴)	Variance (x10 ⁸)	Goodness-of-fit
Realized	14.583	73.508	-
MIDAS (linear)	15.198	72.466	0.734
MIDAS (MS)	15.221	70.093	0.734
ABSGARCH	15.346	132.171	0.647

Panel B: Correlations

Full-sample analysis: February 1929 - December 2010

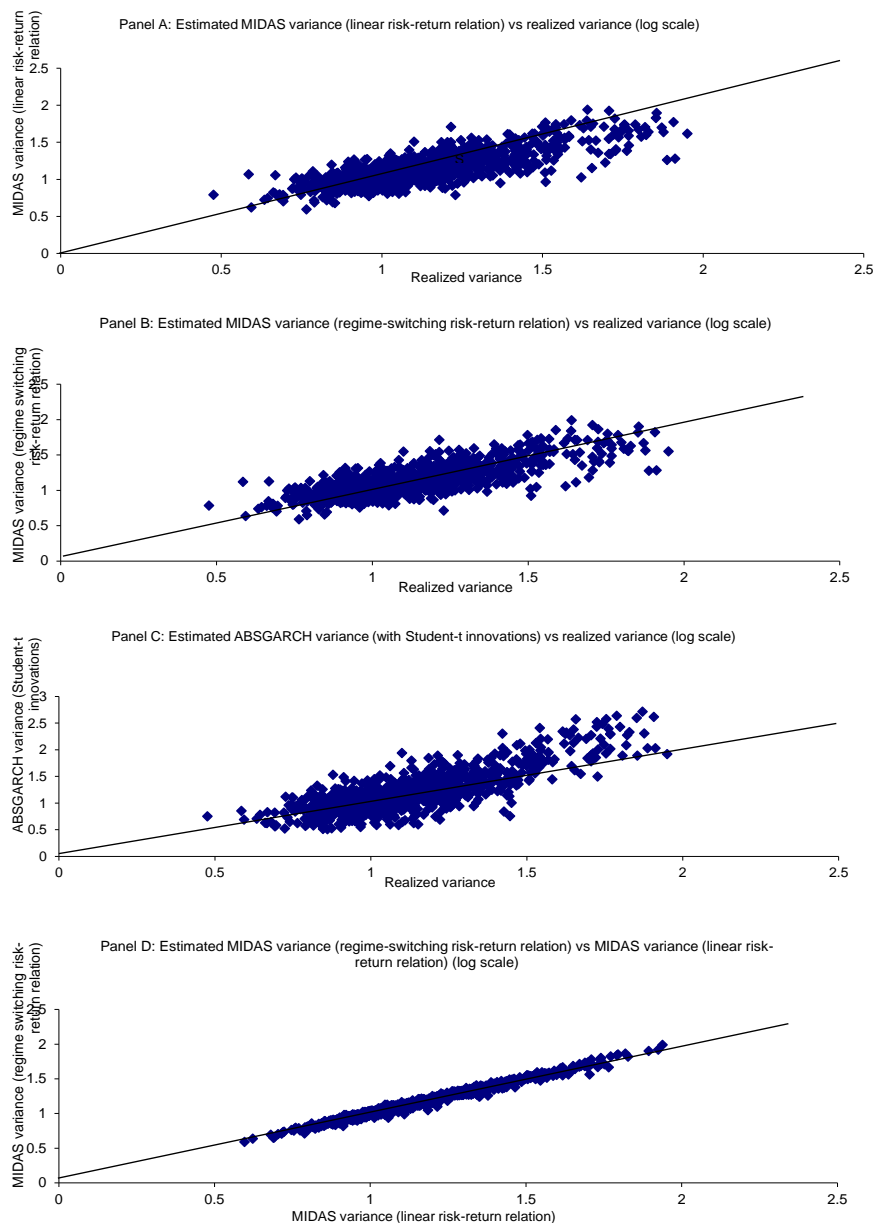
	Realized	MIDAS (linear)	MIDAS (MS)	ABSGARCH
Realized	1	-	-	-
MIDAS (linear)	0.766	1	-	-
MIDAS (MS)	0.736	0.988	1	-
ABSGARCH	0.759	0.715	0.706	1

Subsample analysis: February 1964 - December 2010

	Realized	MIDAS (linear)	MIDAS (MS)	ABSGARCH
Realized	1	-	-	-
MIDAS (linear)	0.736	1	-	-
MIDAS (MS)	0.730	0.996	1	-
ABSGARCH	0.734	0.762	0.770	1

Panel A reports summary statistics for the MIDAS estimated conditional variances, the realized variance and the ABSGARCH conditional variances with Student-t innovations. The goodness-of-fit measure is calculated as one minus the sum of absolute differences between the estimated variance process and the realized variance divided by the sum of realized variance. Panel B reports a cross-correlation matrix for the different variance processes under scrutiny.

Figure 7: SCATTERPLOTS OF THE MONTHLY VARIANCES, FEBRUARY 1929–DECEMBER 2010



3.4 Testing for Markov switching

Testing for parameter changes in Markov-switching models is difficult, since, under the null hypothesis of constant parameters, (i) the transition probabilities are not identified

and (ii) the scores of the log likelihood are identically equal to zero. Hansen (1992) and Garcia (1998) proposed tests for Markov switching but these tests require the estimation of the model under the alternative hypothesis and are often computationally very expensive. Recently, Carrasco, Hu, and Ploberger (2013) introduced a new test for Markov-switching parameters that requires only the estimation of the model under the null hypothesis of constant parameters. Appendix A describes in detail the Carrasco, Hu, and Ploberger (2013) test for Markov-switching parameters. Table 7 reports their test statistics for regressions at 1-week, 2-week, monthly and quarterly horizons and the corresponding 5% bootstrapped critical values.

There is overwhelming evidence for regime changes in the risk-return relation, since the null hypothesis is rejected at the 5% level in all cases. Note that the test statistics are higher for the full sample estimates (1929–2010) than in the shorter sample (1964–2010). This is expected, since the full-sample contains periods of higher volatility and is thus more prone to exhibit non-linear behaviour. Moreover, the test statistics are higher with higher-frequency data for both samples, which indicates that the evidence for regime switching is stronger at higher frequencies.

Note that the above test requires the parameters to be constant under the null hypothesis; thus, we cannot test a 3-regime model against a 2-regime model. Nevertheless, we report in Appendix B goodness-of-fit measures for these two models and the linear model. First, the linear model is always outperformed in terms of SIC by the Markov-switching models. Second, for the subsample period, 1964–2010, the 2-regime model is preferred at the quarterly and monthly horizons, since it obtains the lowest SIC for these regressions, whereas the 3-regime model gets the lowest SIC at the 1-week and 2-week horizons. Third, the 3-regime model always obtains the lowest SIC for the full-sample estimates. However, the three regime-switching parameters $\gamma(S_{t+1})$ are not all significant at the 10% level at the monthly and quarterly horizons. In addition, the SIC tends to overestimate the true number of regimes (see, e.g., Smith, Naik, and Tsai (2006)), particularly when parameter changes are small.

Finally, we also consider models with switches in all parameters of the model (that is, μ , γ and the MIDAS parameters κ_1 and κ_2). In this way, the weight function also changes across regimes. The SICs for these models are reported in the fifth column of the table in Appendix B, which shows that these models are always outperformed by the regime-switching models with constant parameters κ_1 and κ_2 (except for the subsample analysis at the monthly horizon).

We therefore decide to keep the model with two regimes and regime changes in the parameters μ and γ in subsequent analysis.

Table 7: Tests of regime switching in the risk-return relation

	Carrasco et al. test statistic	5% bootstrapped critical values
<i>Full-sample analysis: February 1929-December 2010</i>		
Quarterly	9.265	2.724
Monthly	14.126	3.443
2-week	21.456	4.522
1-week	54.707	5.605
<i>Subsample analysis: February 1964-December 2010</i>		
Quarterly	4.358	2.445
Monthly	3.987	3.060
2-week	6.044	3.807
1-week	17.121	4.397

This table shows the Carrasco, Hu, and Ploberger (2013) test statistics and the corresponding 5% bootstrapped critical values. Under the null hypothesis, there is no regime switching in the risk-return relation. The bootstrapped critical values are based on 1,000 Monte Carlo repetitions. Appendix A describes the test in detail.

4 Sensitivity analysis

4.1 Additional predictors in the risk-return relation

The lack of conditioning variables is often cited as a source of misspecification for the estimates of the risk-return trade-off (see, e.g., the literature review in Lettau and Ludvigson (2010)). Guo and Whitelaw (2006) use two additional predictors: the consumption-wealth ratio from Lettau and Ludvigson (2001) and the stochastically detrended risk-free rate to approximate the hedge component of Merton's (1973) model. Ludvigson and Ng (2007) use factors extracted from a large macroeconomic and financial database to enlarge the information set. Both studies conclude that including additional predictors allows the uncovering of a positive risk-return trade-off.

Table 8 presents the results when we include as additional predictors the lagged returns R_t , the slope of the yield curve $Slope_t$, the dividend-price ratio $(D/P)_t$ and the realized covariance Cov_t in the risk-return relation. The realized covariance measure is computed as the product between the daily changes in the Aruoba, Diebold, and Scotti (2009) index of business cycle conditions and the expected returns. Rossi and Timmermann (2010) show that the changes in the ADS index are highly correlated with the changes in consumption; the realized covariance can then be seen as an approximation for the time-varying risk premium on consumption that is likely to be important for the estimation of the risk-return trade-off, as emphasized by Tauchen (2004). More generally, it can be seen as a way of controlling for business cycle conditions. Monthly realized covariance is calculated as follows:

$$Cov_t = \sum_{i=1}^N \Delta ADS_{i,t} * R_{i,t}$$

where $\Delta ADS_{i,t}$ is the daily change in the ADS index on day i of month t , and $R_{i,t}$ is the corresponding stock return.

The slope of the yield curve is taken as the difference between the 10-year Treasury bond and the 3-month Treasury bill. The dividend-price ratio is the difference between the log of dividends and the log of prices, where dividends are 12-month moving sums of dividends. The data for the 10-year Treasury bond and the dividend-price ratio are from Robert Schiller's website.

Note that, unlike a large part of the literature, we consider returns sampled from the weekly to the quarterly frequency to describe more precisely the dynamics of the risk-return trade-off. The results suggest the following.⁹ First, across all the frequencies that we consider, the risk-return relation is reversed in the first regime, while it is positive in the second regime. Second, the risk-return relation is typically steeper at higher frequencies, since the coefficients entering before the conditional variance are higher in absolute value at higher frequencies. Third, expected returns, the dividend-price ratio and the slope of the yield curve enter positively and significantly in the risk-return relation at the quarterly horizon. Overall, the results do not differ much from Table 4, suggesting that the detected regime-switching risk-return relation is robust to the inclusion of additional predictors.

⁹Note that the full-sample analysis does not include Cov_t as an additional predictor, since the ADS index of business cycle conditions is not available before 1960. Likewise, we do not include the slope of the yield curve and the dividend-price ratio at the 1-week and 2-week horizons because of data availability.

Table 8: Regime-switching risk-return relation with additional predictors

	p_{11}	p_{22}	μ_1 (*10 ²)	μ_2 (*10 ²)	γ_1	γ_2	R_t	$(D/P)_t$	$Slope_t$	Cov_t	$LogL$	R_R^2	$R_{\sigma^2}^2$	$P(S_t = 1)$
<i>Full-sample analysis: February 1929 - December 2010</i>														
Quarterly	0.372 [3.573]	0.911 [35.049]	-12.576 [-3.368]	-0.888 [-0.689]	-0.036 [-0.812]	0.119 [4.908]	0.113 [2.068]	6.148 [2.889]	0.971 [2.491]	-	-1164.396	2.42%	50.97%	12.47%
Monthly	0.276 [3.631]	0.934 [45.627]	-1.737 [-0.982]	0.871 [1.743]	-0.369 [-3.351]	0.060 [2.550]	-0.023 [-0.469]	1.990 [2.771]	0.120 [0.674]	-	-2908.059	0.03%	52.78%	8.40%
2-week	0.266 [4.335]	0.938 [73.921]	-2.238 [-2.958]	-0.138 [-0.985]	-0.459 [-6.343]	0.122 [5.299]	0.002 [0.214]	-	-	-	-5407.307	0.01%	56.38%	7.83%
1-week	0.398 [7.178]	0.919 [58.010]	-0.442 [-1.128]	-0.079 [-1.127]	-0.725 [-9.931]	0.181 [6.625]	-0.074 [-4.261]	-	-	-	-9263.007	0.01%	50.79%	11.82%
<i>Subsample analysis: February 1964 - December 2010</i>														
Quarterly	0.001 ^(a)	0.912 [19.675]	12.408 [1.426]	-0.206 [-0.167]	-0.567 [-2.506]	0.073 [2.673]	0.177 [2.305]	4.580 [1.690]	0.677 [1.826]	2.848 [1.532]	-624.871	0.34%	48.89%	8.12%
Monthly	0.324 [1.297]	0.934 [19.154]	-1.399 [-0.530]	0.695 [1.034]	-0.223 [-1.156]	0.056 [1.178]	-0.060 [-1.003]	1.557 [1.477]	0.136 [0.970]	1.025 [0.899]	-1578.731	0.04%	52.55%	8.94%
2-week	0.094 [0.932]	0.977 [98.397]	-1.792 [-1.082]	-0.046 [-0.929]	-0.779 [-2.959]	0.061 [3.772]	0.011 [0.252]	-	-	0.245 [0.478]	-2950.941	0.04%	53.82%	2.48%
1-week	0.393 [4.859]	0.953 [61.597]	-0.359 [-0.603]	-0.016 [-0.537]	-0.790 [-4.302]	0.108 [5.085]	-0.086 [-3.541]	-	-	0.823 [1.474]	-5063.848	0.01%	48.54%	7.13%

The MIDAS estimator of the conditional variance is calculated using 120 lags for the daily absolute returns, which are aggregated with the beta polynomial weight function. T-statistics are computed from the inverse of the outer product estimate of the Hessian and are reported in brackets.

$LogL$ is the value of the log-likelihood function. R_R^2 is the coefficient of determination when regressing the returns on V_t^{MIDAS} and $R_{\sigma^2}^2$ is the coefficient of determination when regressing the realized variance on V_t^{MIDAS} . p_{11} and p_{22} are the transition probabilities of staying in the first and second regime, respectively. $P(S_t = 1)$ is the unconditional probability of being in the high-volatility regime. The additional predictive variables are the lagged returns (R_t), the dividend-price ratio ($(D/P)_t$), the slope of the yield curve ($Slope_t$) and the realized covariance (Cov_t).

^(a) In this case, the transition probability for regime 1 hit the lower bound that was imposed to respect the properties of a Markov chain.

4.2 Controlling for asymmetries in stock returns

Modelling asymmetries in the process for conditional variance is potentially important, since one can expect different responses of the conditional variance following negative or positive shocks. For example, Glosten, Jagannathan, and Runkle (1993) find that the sign of the risk-return trade-off becomes negative when allowing for a different effect of positive and negative returns on the conditional variance. Ghysels, Santa-Clara, and Valkanov (2005) instead introduce the asymmetric MIDAS estimator of the conditional variance, which gives different weights to the lagged returns depending on whether they are positive or negative. They find that negative returns initially have a stronger effect on the conditional variance, but this effect dies away quickly; whereas positive returns have a smaller effect initially, but are more persistent.

The asymmetric MIDAS estimator of the conditional variance is given by:

$$V_t^{ASYMIDAS} = N[\phi \sum_{d=0}^{\infty} w_d(\kappa_1^-, \kappa_2^-) 1_{t-d}^- |r_{t-d}| + (2 - \phi) \sum_{d=0}^{\infty} w_d(\kappa_1^+, \kappa_2^+) 1_{t-d}^+ |r_{t-d}|] \quad (12)$$

where 1_{t-d}^- is the indicator function for $\{r_{t-d} < 0\}$ and 1_{t-d}^+ is the indicator function for $\{r_{t-d} \geq 0\}$.

Table 9 shows the results when estimating a linear and regime-switching risk-return relation at the monthly frequency with an asymmetric MIDAS estimator of the conditional variance. First, the results are broadly consistent with Table 4. In the linear case, the coefficients γ entering before the conditional variance are not significant at the 10% level for both the full-sample and subsample analyses. In the regime-switching case, the risk-return relation is reversed in the first regime, while the traditional positive risk-return trade-off holds in the second regime. Moreover, the coefficient ϕ , which governs the weights allocated to the negative returns, is higher than 1 in all cases, suggesting that negative returns have a stronger impact on the conditional variance than positive returns. In addition, the restrictions $\kappa_1^+ = \kappa_1^-$, $\kappa_2^+ = \kappa_2^-$, $\phi = 1$ are rejected and therefore asymmetric MIDAS is not rejected by the data.

Figure 8 plots the weights attached to the positive and negative returns, the overall asymmetric weights and the symmetric weights for a regime-switching risk-return relation. The positive weights have a bell shape with a maximum effect on the conditional variance after about 20 trading days. The negative returns have a maximum effect on the conditional variance initially and the effect dies away after 80 trading days.¹⁰ Overall, the symmetric and asymmetric weights are relatively close to each other.

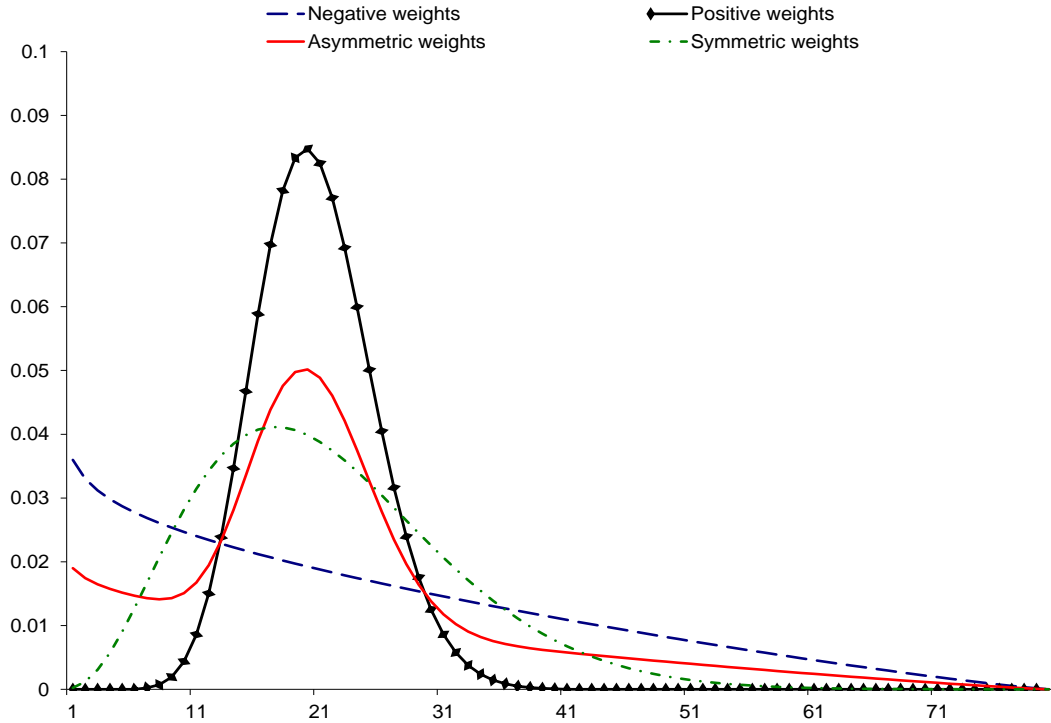
¹⁰We find the same shapes for the weight functions when we use Student-t rather than Normal innovations and the exponential Almon lag weight function rather than the beta polynomial weight function for aggregating the lagged daily absolute returns. We use 80 daily lagged returns for estimating the asymmetric MIDAS estimator of the conditional variance, since we encountered convergence problems of the algorithm when we included more than 80 daily lagged returns.

Table 9: Monthly estimates of the risk-return trade-off with asymmetric MIDAS estimators of the conditional variance

	p_{11}	p_{22}	μ_1 (*10 ²)	μ_2 (*10 ²)	γ_1	γ_2	ϕ	$LogL$	$LRtest$	R_R^2	$R_{\sigma^2}^2$	$P(S_t = 1)$
<i>Asymmetric MIDAS conditional variance (regime-switching risk-return relation)</i>												
1929:02 - 2010:12	0.258 [3.153]	0.890 [21.354]	-1.939 [1.580]	0.204 [0.766]	-0.275 [-3.954]	0.082 [3.099]	1.514 [7.575]	-2911.398	7.432 [0.059]	0.02%	59.19%	12.89%
1964:02 - 2010:12	0.032 [0.166]	0.882 [18.604]	-4.667 [-5.064]	0.930 [3.132]	-0.036 [-0.371]	0.009 [0.374]	1.592 [11.520]	-1590.444	15.718 [0.001]	0.05%	49.30%	10.84%
<i>Asymmetric MIDAS conditional variance (linear risk-return relation)</i>												
1929:02 - 2010:12	-	-	0.357 [1.593]	-	0.003 [0.173]	-	1.242 [7.557]	-2977.774	19.404 [2 * 10 ⁻⁴]	0.02%	58.09%	-
1964:02 - 2010:12	-	-	0.267 [0.907]	-	0.008 [0.357]	-	1.690 [14.148]	-1585.467	15.608 [0.001]	0.03%	55.07%	-

The asymmetric MIDAS estimator of the conditional variance is computed following equation (12). The estimators of the conditional variance are computed using 80 lags for the daily absolute returns, which are aggregated with the beta polynomial weight function. T-statistics are computed from the inverse of the outer product estimate of the Hessian and are reported in brackets. $LogL$ is the value of the log-likelihood function. $LRtest$ reports the value of a likelihood ratio test statistic. Under the null hypothesis of no asymmetric effects for the MIDAS conditional variance $\kappa_1^+ = \kappa_1^-$, $\kappa_2^+ = \kappa_2^-$ and $\phi = 1$, p-values for the LR tests are reported in brackets. R_R^2 is the coefficient of determination when regressing the returns on V_t^{MIDAS} and $R_{\sigma^2}^2$ is the coefficient of determination when regressing the realized variance on V_t^{MIDAS} . p_{11} and p_{22} are the transition probabilities of staying in the first and second regime, respectively. $P(S_t = 1)$ is the unconditional probability of being in the high-volatility regime.

Figure 8: WEIGHTS FOR THE ASYMMETRIC MIDAS ESTIMATOR OF THE CONDITIONAL VARIANCE (REGIME SWITCHING RISK-RETURN RELATION), FEBRUARY 1929–DECEMBER 2010



4.3 The risk-return trade-off with Student-t innovations

As an additional robustness check, we use a Student-t rather than a Normal distribution for the innovations since the Student-t distributions can better account for outliers that are present in stock returns. The log-likelihood function is then written as:

$$\mathcal{L}_{\mathcal{T}}(\theta) = \sum_{t=1}^T l_t(\theta) \quad (13)$$

where

$$l_{t+1}(\theta) = \ln\Gamma\left(\frac{1+\nu}{2}\right) - \ln\Gamma\left(\frac{\nu}{2}\right) - 0.5\ln(\pi(\nu-2)) - 0.5\ln(V_t^{MIDAS}) - \frac{(\nu+1)}{2} \ln\left(1 + \frac{\epsilon_{t+1}(S_{t+1})^2}{(\nu-2)V_t^{MIDAS}}\right)$$

and

$$\epsilon_{t+1}(S_{t+1}) = R_{t+1} - \mu(S_{t+1}) - \gamma(S_{t+1})V_t^{MIDAS}$$

$\Gamma(\cdot)$ is the Gamma function, ν are the degrees of freedom for the Student-t innovations and θ is the vector of parameters to be estimated. The maximum likelihood estimates $\theta^{\hat{MLE}}$ are obtained with the EM algorithm and are reported in Table 10.

First, the coefficient γ_1 is always negative, whereas the coefficient γ_2 is always positive in the second regime. Both coefficients are significant across all the frequencies that we consider (except for γ_1 in the subsample analysis at the quarterly horizon). This is in line with the results reported in Table 4. However, in absolute terms, the coefficients γ_1 are smaller than they are in Table 4 (except at the quarterly frequency). This is not surprising since the use of Student-t innovations - unlike Normal innovations - makes the estimates less sensitive to outliers. As a result, the first regime now captures periods with less volatile and less negative returns. This translates into higher unconditional probabilities of being in the first regime. Conversely, the coefficients γ_2 are typically higher than they are in Table 4, since the second regime captures fewer episodes of negative returns and moderate volatility, which are now mostly associated with the first regime.

The $R_{\sigma^2}^2$ s are comparable to those reported in Table 4, except for regressions at the monthly and quarterly frequencies, where the coefficients of determination for the realized variance $R_{\sigma^2}^2$ are higher for the full-sample (1929–2010) estimates.

Table 11 shows the results when regressing the smoothed probabilities of being in the first regime on the slope of the yield curve, the expected returns, the changes in volatility and the Aruoba, Diebold, and Scotti (2009) index of business cycle conditions. We also report in Table 11 results for logistic regressions using as a dependent variable a dummy variable that takes on a value of 1 if the smoothed probability of being in regime 1 is higher than 0.5 and zero otherwise. First, the coefficients for the slope of the yield curve are negative (except at the 1-week horizon for OLS regressions and the 1-week and monthly horizons for logistic regressions). Second, the changes in volatility affects positively the regime probabilities (except at the 1-week horizon). Third, the coefficients on expected returns are negative and strongly significant, which is consistent with the results reported in Table 5. The coefficient on the ADS index of business cycle conditions is negative and significant (except at the 2-week horizon in the case of logistic regressions). Overall, the results are broadly consistent with those presented in Table 5 in that the first regime tends to be characterized by a flattening of the yield curve, a weakening of economic activity and an increase in volatility owing to negative returns.

4.4 Time-varying transition probabilities

In this subsection, we consider the use of time-varying transition probabilities, since (i) we have provided evidence that some variables can explain the pattern of the probability of being in a given regime; (ii) it can help us to better understand the regime probabilities; and (iii) it could improve the fit with respect to Markov-switching models with constant transition probabilities. Filardo (1994) relaxes the assumption of constant transition probabilities and uses logistic functions to bound the transition probabilities between 0 and 1. The transition probability matrix P is then given by:

$$P = \begin{bmatrix} p_t^{11} = q(z_t) & p_t^{12} = 1 - p(z_t) \\ p_t^{21} = 1 - q(z_t) & p_t^{22} = p(z_t) \end{bmatrix}$$

Table 10: Regime-switching risk-return relation with Student-t innovations

	p_{11}	p_{22}	μ_1 (*10 ²)	μ_2 (*10 ²)	γ_1	γ_2	ν	$LogL$	R_R^2	$R_{\sigma^2}^2$	$P(S_t = 1)$
<i>Full-sample analysis: February 1929 - December 2010</i>											
Quarterly	0.509 [8.428]	0.782 [14.177]	-1.732 [-1.170]	0.985 [0.913]	-0.104 [-4.023]	0.088 [3.621]	4.189 [5.967]	-1159.082	0.23%	63.01%	30.72%
Monthly	0.380 [5.781]	0.703 [10.961]	-0.260 [-0.517]	0.603 [1.597]	-0.196 [-5.406]	0.109 [4.166]	5.022 [6.605]	-2882.261	0.01%	62.66%	32.40%
2-week	0.383 [5.967]	0.825 [25.759]	-0.105 [-0.459]	0.152 [0.779]	-0.388 [-5.940]	0.136 [3.580]	4.966 [9.006]	-5331.816	0.01%	56.74%	22.09%
1-week	0.407 [12.610]	0.660 [14.774]	0.172 [1.718]	-0.053 [-2.148]	-0.444 [-10.570]	0.311 [15.799]	5.332 [11.241]	-9167.628	0.01%	50.80%	36.47%
<i>Subsample analysis: February 1964 - December 2010</i>											
Quarterly	0.563 [3.255]	0.857 [10.310]	-2.526 [-0.710]	-1.955 [-0.664]	-0.079 [-0.962]	0.142 [2.105]	4.568 [2.193]	-630.823	0.36%	51.01%	24.63%
Monthly	0.388 [2.545]	0.785 [3.979]	-0.374 [-0.264]	0.050 [0.187]	-0.162 [-2.866]	0.107 [3.045]	6.766 [1.814]	-1579.143	0.05%	55.12%	26.02%
2-week	0.403 [5.590]	0.813 [15.490]	-0.650 [-1.174]	0.012 [0.258]	-0.234 [-2.892]	0.150 [6.144]	4.061 [7.176]	-2931.188	0.07%	53.68%	23.87%
1-week	0.382 [3.952]	0.486 [24.558]	0.374 [1.657]	-0.245 [-1.670]	-0.360 [-4.677]	0.350 [10.769]	7.344 [4.361]	-5056.935	0.01%	47.95%	45.37%

The MIDAS estimator of the conditional variance is computed using 120 lags for the daily absolute returns, which are aggregated with the beta polynomial weight function. T-statistics are computed from the inverse of the outer product estimate of the Hessian and are reported in brackets.

$LogL$ is the value of the log-likelihood function. R_R^2 is the coefficient of determination when regressing the returns on V_t^{MIDAS} and $R_{\sigma^2}^2$ is the coefficient of determination when regressing the realized variance on V_t^{MIDAS} . p_{11} and p_{22} are the transition probabilities of staying in the first and second regime, respectively. $P(S_t = 1)$ is the unconditional probability of being in the high-volatility regime.

Table 11: Explaining the regime probabilities $P(S_{t+1})$

	(Slope of the yield curve) $_{t+1}$	ΔV_{t+1}^{MIDAS}	R_{t+1}	ADS_{t+1}
<i>Panel A: OLS regression</i>				
1-week	0.002*	-0.019***	-0.094***	-0.003*
2-week	-0.001	0.004	-0.065***	-0.023***
Monthly	-0.004	0.002*	-0.045***	-0.022***
Quarterly	-0.021*	0.001*	-0.028***	-0.056***
<i>Panel B: Logistic regression</i>				
1-week	0.017	-0.516*	-6.636***	-0.322**
2-week	-0.143	0.089	-2.703***	-0.081
Monthly	0.013	0.050	-2.250***	-0.667*
Quarterly	-0.367	0.059*	-0.727**	-0.735*

Panel A reports the results of OLS regressions of the estimated smoothed probability of being in the first regime $P(S_{t+1})$ on the level of the slope of the yield curve, the changes in the MIDAS estimator of the conditional variance ΔV_{t+1}^{MIDAS} , the returns R_{t+1} and the level of the ADS index of business cycle conditions ADS_{t+1} . Panel B reports results of logistic regressions using a dummy variable as a dependent variable and the same set of explanatory variables. The dummy variable takes on a value of 1 if the smoothed probability of being in regime 1 is higher than 0.5 and 0 otherwise. The slope of the yield curve is defined as the difference between the yields on a 10-year Treasury bond and the yields on a 3-month Treasury bill. *, **, *** indicate significance at the 10% level, 5% level and 1% level, respectively. We use only the subsample 1964–2010, since we do not have data for the ADS index and the weekly slope of the yield curve for the entire sample.

where

$$q(z_t) = \frac{\exp(\theta_1 + \theta_2 z_t)}{1 + \exp(\theta_1 + \theta_2 z_t)}$$

and

$$p(z_t) = \frac{\exp(\theta_3 + \theta_4 z_t)}{1 + \exp(\theta_3 + \theta_4 z_t)}$$

We alternate the slope of the yield curve ($Slope_{t+1}$), the dividend-price ratio ($(D/P)_{t+1}$), the lagged returns (R_t) and the realized covariance measure (Cov_{t+1}) calculated as the product between the changes in the ADS index and the returns as the driving variable for the transition probabilities. All regressions are sampled at the monthly frequency.

Table 12 displays the results. First, the coefficients γ_1 and γ_2 are close to the estimates reported in Table 4: across all indicators, the risk-return relation is negative in the first regime and positive in the second regime. None of the indicators enters significantly for explaining the transition probabilities of the first regime, whereas all indicators enter significantly at the 5% level in explaining the transition probabilities of the second regime (except for the slope of the yield curve for the full-sample analysis and the dividend-price ratio for the subsample analysis).

Table 12 also reports a likelihood ratio test for the statistical significance of the time-varying transition probabilities. Under the null hypothesis of constant transition probabilities, $\theta_2 = \theta_4 = 0$. The null hypothesis of no time variation in the transition probabilities cannot be rejected at the 5% level when using the slope of the yield curve (full-sample analysis) and the dividend-price ratio (subsample analysis). This provides mixed evidence for the use of time-varying transition probabilities for estimating the risk-return trade-off with regime switching, but, overall, confirms the robustness of our results.

4.5 Out-of-sample forecasting exercise

In this section, we look at the forecasting performance of the MIDAS estimators for forecasting realized volatility. We use the MIDAS estimators from both the linear and regime-switching risk-return relation and we use as a benchmark a standard AR(1) model for realized variance following Ludvigson and Ng (2007). Unlike Welch and Goyal (2008) and Campbell and Thompson (2008), who study the prediction of excess returns, we concentrate our analysis on the prediction of realized variance, since the MIDAS approach is primarily designed for modelling the conditional variance.

The design of the out-of-sample forecasting exercise is the following. The first estimation sample extends from February 1929 to December 1969 so that we first forecast the realized volatility for January 1970. We then expand the sample size recursively until we reach the end of the sample at December 2010. Therefore, the evaluation sample extends from January 1970 to December 2010. We concentrate our analysis on one-step-ahead forecasts.

Table 12: Monthly regime-switching risk-return relation with time-varying transition probabilities

	μ_1 (*10 ²)	μ_2 (*10 ²)	γ_1	γ_2	θ_1	θ_2	θ_3	θ_4	$LogL$	$LRtest$	R_R^2	$R_{\sigma^2}^2$
<i>Full-sample analysis: February 1929 - December 2010</i>												
$Slope_{t+1}$	-2.143 [-0.786]	0.233 [0.709]	-0.374 [-2.601]	0.062 [2.804]	-1.233 [-0.841]	0.089 [0.086]	2.227 [5.327]	0.273 [1.392]	-2913.387	3.454 [0.178]	0.03%	54.03%
$(D/P)_{t+1}$	-3.296 [-2.052]	0.095 [0.437]	-0.310 [-3.116]	0.069 [3.750]	-0.923 [-1.439]	0.990 [0.374]	1.579 [3.932]	-3.278 [-2.857]	-2909.457	11.314 [0.004]	0.02%	54.45%
R_t	-2.421 [-1.650]	0.226 [0.760]	-0.378 [-4.512]	0.060 [3.054]	-2.096 [-1.800]	-0.219 [-0.543]	2.658 [7.092]	0.895 [3.013]	-2910.712	8.804 [0.012]	0.04%	51.19%
<i>Subsample analysis: February 1964 - December 2010</i>												
$Slope_{t+1}$	-2.514 [-0.462]	0.237 [0.408]	-0.249 [-0.633]	0.042 [0.913]	-1.873 [-1.268]	0.399 [0.380]	2.046 [3.653]	0.743 [2.522]	-1579.038	8.530 [0.012]	0.05%	53.37%
$(D/P)_{t+1}$	-0.854 [-0.215]	0.307 [0.675]	-0.405 [-1.348]	0.032 [0.954]	-0.018 [-0.181]	5.521 [1.207]	1.843 [1.637]	-2.504 [-0.949]	-1581.855	2.896 [0.235]	0.05%	52.59%
R_t	-2.925 [-1.088]	-0.011 [-0.262]	-0.364 [-1.791]	0.050 [4.018]	-70.819 [-0.331]	100.379 [0.331]	3.511 [6.161]	1.145 [2.877]	-1580.194	6.218 [0.045]	0.13%	40.19%
Cov_{t+1}	-2.052 [-0.810]	0.162 [0.408]	-0.349 [-2.319]	0.037 [1.307]	-196.454 [-0.077]	-39.320 [-0.076]	3.678 [6.057]	1.299 [2.583]	-1577.947	10.712 [0.005]	0.06%	52.86%

The MIDAS estimator of the conditional variance is computed using 120 lags for the daily absolute returns, which are aggregated with the beta polynomial weight function. T-statistics are computed from the inverse of the outer product estimate of the Hessian and are reported in brackets. $LogL$ is the value of the log-likelihood function. $LRtest$ reports the value of a likelihood ratio test statistic. Under the null hypothesis of no time variation in the transition probabilities, $\theta_2 = \theta_4 = 0$; p-values for the LR tests are reported in brackets. R_R^2 is the coefficient of determination when regressing the returns on V_t^{MIDAS} and $R_{\sigma^2}^2$ is the coefficient of determination when regressing the realized variance on V_t^{MIDAS} .

We forecast 1-week, 2-week, 3-week and monthly realized volatility, and compute relative mean squared forecast error (RMSE) and relative mean absolute forecast error (RMAE):

$$RMSE = \frac{\sum_{t=1}^T (V_{t+1|t}^{MIDAS} - RVAR_{t+1})^2}{\sum_{t=1}^T (V_{t+1|t}^{AR(1)} - RVAR_{t+1})^2}$$

$$RMAE = \frac{\sum_{t=1}^T |V_{t+1|t}^{MIDAS} - RVAR_{t+1}|}{\sum_{t=1}^T |V_{t+1|t}^{AR(1)} - RVAR_{t+1}|}$$

where $V_{t+1|t}^{MIDAS}$ is the one-step-ahead MIDAS forecast of the realized variance $RVAR_{t+1}$, and $V_{t+1|t}^{AR(1)}$ is the one-step-ahead forecast of the realized variance $RVAR_{t+1}$ from an AR(1) model. Table 13 presents the results. For monthly forecasts, the AR(1) model outperforms both MIDAS conditional forecasts. At the monthly horizon, the MIDAS forecasts from the linear risk-return relation are better than the MIDAS forecasts obtained from the regime-switching risk-return relation. However, at the 1-week horizon, MIDAS forecasts are better than the forecasts from the AR(1) model. The MIDAS forecasts from the regime-switching risk-return relation are (slightly) better than the ones from the linear risk-return relation. This reasonably confirms the in-sample evidence, since we found more evidence for regime switching at the 1-week frequency than at the monthly frequency (see Table 7).

Table 13: Forecasting realized volatility: One-step-ahead forecast

	Model	RMSE	RMAE
1-week	MIDAS (linear)	0.920	0.915
	MIDAS (MS)	0.915	0.913
2-week	MIDAS (linear)	1.078	1.015
	MIDAS (MS)	1.072	1.013
3-week	MIDAS (linear)	1.196	1.043
	MIDAS (MS)	1.185	1.039
Monthly	MIDAS (linear)	1.178	1.097
	MIDAS (MS)	1.292	1.128

This table reports the relative mean squared forecast error (RMSE) and the relative mean absolute forecast error (RMAE) for forecasting one-step-ahead realized volatility. The two competing models - MIDAS (linear) and MIDAS (MS) - are two MIDAS estimators of the conditional variance: one is estimated from a linear risk-return relation and the other one is estimated from a Markov-switching (MS) risk-return relation. The benchmark model is a standard AR(1) model for realized volatility. The first estimation sample goes from February 1929 to December 1969 and is recursively expanded until we reach the end of the sample at December 2010.

5 Conclusions

This paper provides evidence for time instability in the risk-return relation. We allow for regime changes in the risk-return relation through regime switching in the parameter entering before the conditional variance as well as in the intercept of the risk-return relation. The conditional variance is modelled with a MIDAS estimator, which is less prone to misspecifications than GARCH models. We consider as a dependent variable the U.S. excess stock returns ranging from the weekly to the quarterly frequency and use two different estimation samples: (i) from February 1929 to December 2010 and (ii) from February 1964 to December 2010. We find strong statistical evidence for regime changes in the risk-return relation using the test recently introduced by Carrasco, Hu, and Ploberger (2013) for Markov-switching parameters.

In the first regime, we find that the risk-return relation is reversed. Conversely, in the second regime, we uncover the traditional positive risk-return relation. The regime probabilities for the first regime are associated with a decline in stock returns, an increase in volatility and a flattening of the yield curve, which is concomitant with flight-to-quality episodes. Our findings help to explain why the literature has reported conflicting results and are qualitatively close to the recent contribution of Rossi and Timmermann (2010). Our results are also robust to a wide range of modifications: (i) the inclusion of additional predictors, (ii) the use of Student-t rather than Normal innovations, (iii) the use of time-varying rather than constant transition probabilities, and (iv) an asymmetric MIDAS estimator of the conditional variance.

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Appendix A: We describe here the Carrasco, Hu, and Ploberger (2013) test for Markov-switching parameters.

Denote $l_{t,\theta}^{(1)}$ and $l_{t,\theta}^{(2)}$ the first and second derivatives of the log-likelihood function with respect to the regime-switching parameters θ (where $\theta = (\mu, \gamma)$).¹¹

Owing to the presence of the nuisance parameters β that are not identified under the null hypothesis of no Markov switching, the Carrasco, Hu, and Ploberger (2013) test statistic for Markov-switching parameters TS can be constructed as a sup-type test, that is:

$$\sup TS = \sup \frac{1}{2} \left(\max \left(0, \frac{\Gamma_T}{\sqrt{\hat{\epsilon}^{*\prime} \hat{\epsilon}^*}} \right) \right)^2$$

where

$$\Gamma_T = \frac{1}{2\sqrt{T}} \sum_{t=1}^T \gamma_t(\beta) \quad ,$$

$$\gamma_t(\beta) = \text{tr} \left(\left(l_{t,\theta}^{(2)} + l_{t,\theta}^{(1)} l_{t,\theta}^{(1)\prime} \right) E[\eta_t \eta_t'] \right) + 2 \sum_{s < t} \text{tr} \left(l_{t,\theta}^{(1)} l_{s,\theta}^{(1)\prime} E[\eta_t \eta_t'] \right),$$

$$\hat{\epsilon}^* = \frac{\hat{\epsilon}}{\sqrt{T}}$$

and $\hat{\epsilon}$ is the vector of residuals from the OLS regression of $\frac{1}{2}\gamma_t(\beta)$ on the entire vector of derivatives and η_t is the latent variable.

We find the maximum value of TS using a fixed range of values for $\rho \in [-0.98, 0.98]$ with increments of 0.01.

We compute critical values with bootstrapping techniques. We first generate M data series using the maximum likelihood estimates as true parameter values such that:

$$y_t^{(m)} \sim N(\hat{\mu} + \hat{\gamma} V_t^{MIDAS}, V_t^{MIDAS})$$

where m is the m^{th} sample. We then estimate each of the M samples with maximum likelihood and compute the test statistic by maximizing $TS^{(m)}$ over a fixed range of values for $\rho \in [-0.98, 0.98]$. The 5% bootstrapped critical value is then calculated as the 95th percentile of the distribution of the M test statistics $TS^{(m)}$.

¹¹Note that here we kept the MIDAS parameters κ_1 and κ_2 constant, since the first derivatives with respect to these parameters are often zero, which is problematic when we regress $\gamma_t(\beta)$ on the vector of derivatives.

Appendix B: Comparison of linear, 2-regime and 3-regime models for the risk-return trade-off

		$M = 1$	$M = 2$	$M = 2$ switch in κ_1 and κ_2	$M = 3$	at least one $\gamma(S_{t+1})$ is not significant when $M = 3$
<i>Full-sample analysis: February 1929 - December 2010</i>						
Quarterly	LogL	-1227.190	-1174.979	-1178.063	-1151.743	YES
	SIC	2464.439	2370.074	2381.272	2338.690	
Monthly	LogL	-2987.476	-2915.114	-2926.598	-2887.108	YES
	SIC	5986.922	5854.169	5883.121	5816.111	
2-week	LogL	-5562.106	-5407.312	-5421.151	-5362.068	NO
	SIC	11137.531	10841.261	10875.599	10770.749	
1-week	LogL	-9532.267	-9271.982	-9304.984	-9160.942	NO
	SIC	19079.056	18573.009	18646.277	18372.714	
<i>Subsample analysis: February 1964 - December 2010</i>						
Quarterly	LogL	-642.927	-632.893	-633.033	-627.604	YES
	SIC	1294.942	1283.960	1288.785	1287.013	
Monthly	LogL	-1593.271	-1583.303	-1580.036	-1579.456	YES
	SIC	3197.544	3188.610	3187.578	3197.419	
2-week	LogL	-2992.930	-2951.106	-2951.495	-2939.819	NO
	SIC	5998.212	5926.914	5933.868	5922.866	
1-week	LogL	-5133.369	-5070.936	-5084.024	-5042.182	NO
	SIC	10280.293	10168.9819	10201.936	10131.809	

LogL is the value of the log-likelihood function, SIC is the Schwarz Information Criterion. The fifth column reports the LogL and SIC for the models with switches in μ , γ and the MIDAS parameters κ_1 and κ_2 so that the weight function aggregating the lagged daily returns also changes across regimes. The last column indicates whether or not at least one parameter $\gamma(S_{t+1})$ entering before the conditional variance is significant at the 10% confidence level when a 3-regime model is estimated. Entries in bold outline the model with the lowest SIC for each regression.

Appendix C: Additional robustness checks

We report below the additional estimation results of the risk-return trade-off for the regime-switching risk-return relation with a MIDAS estimator of the conditional variance:

- We stop the estimation in December 2000 for both the full-sample and subsample analyses following Ghysels, Santa-Clara, and Valkanov (2005) and Mayfield (2004) so that we do not include the 2007–2009 financial crisis in the estimation sample.
- We consider estimates of the risk-return trade-off at the weekly frequency for two short estimation samples, 2001–2010 and 2007–2010.
- We use as a proxy for stock returns data from the CRSP rather than the S&P 500 composite portfolio.
- We use a model with an NBER dummy variable entering before the estimate of the conditional variance. The NBER dummy variable takes a value of 1 if the U.S. economy is in recession and a value of 0 if the U.S. economy is in expansion, according to the NBER business cycle dating committee.¹²
- We use a credit spread (defined as the difference between the yields on the Moody’s Corporate bond (all industries - BAA) and the yields on the 10-year U.S. Treasury bond) instead of the slope of the yield curve as an additional predictor in the risk-return relation.
- We use the realized variance instead of a MIDAS estimator for the conditional variance.

First, the results shown in Panel A of Table C1 are consistent with the results reported previously, indicating that the choice of the estimation window does not appear to drive our results. Second, using the CRSP value-weighted portfolio as a proxy for stock market returns yields comparable results to those obtained using the S&P500 composite portfolio index. Third, in the full-sample case, estimating the risk-return relation with an NBER dummy variable entering before the estimate of the conditional variance to take into account the fluctuations of the business cycle also yields an inverted risk-return relation during U.S. recessions, while the risk-return relation remains positive during U.S. expansions. Fourth, using the lagged realized variance as a proxy for the conditional variance (instead of a MIDAS estimator) does not qualitatively affect the results. Finally, using the credit spread as an additional predictor in the risk-return relation yields similar results to when using the slope of the yield curve.

¹²Nyberg (2012) estimates a regime-switching GARCH model where regime changes are based on an NBER business cycle indicator to study the risk-return over the U.S. business cycle. He uses post-WWII data, and finds that a positive risk-return trade-off holds over both phases of the U.S. business cycle.

Table C1: The MIDAS estimates of the risk-return trade-off with regime switching, robustness checks

	p_{11}	p_{22}	μ_1 (*10 ²)	μ_2 (*10 ²)	γ_1	γ_2	$LogL$	R_R^2	$R_{\sigma^2}^2$	$P(S_t = 1)$
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Panel A: Regime-switching risk-return relation: $R_{t+1} \sim N(\mu(S_{t+1}) + \gamma(S_{t+1})V_t^{MIDAS}, V_t^{MIDAS})$

1929:02-2000:12	Monthly	0.257 [3.455]	0.926 [38.901]	-2.184 [-1.415]	0.034 [0.264]	-0.373 [-3.578]	0.087 [5.379]	-2569.827	0.19%	53.54%	9.09%
1964:02-2000:12	Monthly	0.249 [1.762]	0.961 [54.051]	0.525 [0.088]	-0.571 [-1.239]	-0.624 [-1.538]	0.108 [3.086]	-1238.063	2.64%	27.35%	4.98%
2001:02-2010:12	Weekly	0.423 [2.998]	0.934 [27.615]	2.927 [2.812]	-0.183 [-0.963]	-1.234 [-4.912]	0.104 [2.056]	-1135.468	0.01%	61.94%	10.30%
2007:02-2010:12	Weekly	0.349 [2.752]	0.842 [13.058]	-1.431 [-1.588]	0.283 [0.779]	-0.393 [-2.621]	0.114 [1.400]	-497.281	0.18%	63.05%	19.54%

Panel B: Regime-switching risk-return relation: $R_{t+1} \sim N(\mu(S_{t+1}) + \gamma(S_{t+1})V_t^{MIDAS}, V_t^{MIDAS})$ with CRSP data

1929:02-2000:12	Monthly	0.274 [3.618]	0.914 [32.338]	-2.393 [-1.358]	0.378 [0.954]	-0.323 [-2.695]	0.104 [3.124]	-2581.244	0.22%	55.67%	10.63%
1964:02-2000:12	Monthly	0.046 [0.399]	0.966 [74.226]	14.440 [2.180]	0.027 [0.229]	-2.079 [-3.759]	0.092 [5.403]	-1253.604	2.04%	27.06%	3.49%

Panel C: Risk-return relation with an NBER dummy variable

1929:02-2010:12	Monthly	-	-	0.190 [0.297]	-0.410 [-1.380]	-0.045 [-1.498]	0.080 [3.496]	-2974.156	0.01%	58.70%	-
1964:02-2010:12	Monthly	-	-	-0.076 [-0.119]	-1.693 [-1.165]	0.050 [1.046]	0.041 [0.599]	-1588.072	0.04%	52.30%	-

The MIDAS estimator of the conditional variance is computed using 120 lags for the daily absolute returns, which are aggregated with the beta polynomial weight function. T-statistics are computed from the inverse of the outer product estimate of the Hessian and are reported in brackets. $LogL$ is the value of the log-likelihood function. R_R^2 is the coefficient of determination when regressing the returns on the V_t^{MIDAS} and $R_{\sigma^2}^2$ is the coefficient of determination when regressing the realized variance on V_t^{MIDAS} . p_{11} and p_{22} are the transition probabilities of staying in the first and second regime, respectively. $P(S_t = 1)$ is the unconditional probability of being in the high-volatility regime. Panel A reports estimation results using the S&P500 composite portfolio, while Panel B reports estimation results using the CRSP value-weighted portfolio. Note that we do not have data for the CRSP value-weighted portfolio for the 2001–2010 period. Panel C reports results when using an NBER dummy variable entering before the conditional variance instead of a regime-switching parameter.

Table C2: The MIDAS estimates of the risk-return trade-off with regime switching, robustness checks

	p_{11}	p_{22}	μ_1 (*10 ²)	μ_2 (*10 ²)	γ_1	γ_2	R_t	$(D/P)_t$	C^{credit}_t	Cov_t	$LogL$	R^2_R	$R^2_{\sigma^2}$	$P(S_t = 1)$
<i>Full-sample analysis: February 1929 - December 2010 - Using lagged realized variance instead of a MIDAS estimator for the conditional variance</i>														
Quarterly	0.635 [6.288]	0.905 [24.020]	-11.687 [-2.076]	-3.786 [-2.880]	0.024 [0.450]	0.192 [4.652]	-	-	-	-	-1187.359	0.27%	56.54%	20.73%
Monthly	0.225 [2.597]	0.919 [30.470]	-3.083 [-1.884]	0.282 [1.045]	-0.275 [-2.755]	0.064 [2.700]	-	-	-	-	-2922.956	0.01%	58.75%	9.46%
<i>Full-sample analysis: February 1929 - December 2010 - Using the credit default spread instead of the slope of the yield curve</i>														
Quarterly	0.388 [3.352]	0.902 [32.080]	-11.396 [-3.106]	-0.233 [-0.212]	-0.057 [-1.147]	0.102 [3.598]	0.098 [1.678]	7.101 [3.292]	1.188 [1.743]	-	-1165.614	2.35%	51.15%	13.77%
Monthly	0.271 [3.606]	0.932 [47.060]	-1.417 [-0.907]	0.942 [2.076]	-0.412 [-4.050]	0.039 [1.418]	-0.025 [-0.709]	2.229 [2.907]	0.295 [1.283]	-	-2907.666	0.04%	51.52%	8.56%
<i>Subsample analysis: February 1964 - December 2010 - Using the credit default spread instead of the slope of the yield curve</i>														
Quarterly	0.001 ^(a) [19.535]	0.913 [1.371]	12.399 [1.371]	0.427 [0.194]	-0.569 [-2.390]	0.066 [1.703]	0.177 [2.119]	4.902 [1.434]	0.447 [0.479]	2.776 [1.492]	-626.305	0.33%	49.57%	8.04%
Monthly	0.296 [1.393]	0.933 [21.093]	-1.340 [-0.531]	0.695 [1.047]	-0.257 [-1.359]	0.035 [0.716]	-0.057 [-0.996]	1.642 [1.573]	-0.057 [-0.996]	0.973 [0.891]	-1578.787	0.05%	52.88%	8.68%

The MIDAS estimator of the conditional variance is calculated using 120 lags for the daily absolute returns, which are aggregated with the beta polynomial weight function. T-statistics are calculated from the inverse of the outer product estimate of the Hessian and are reported in brackets. $LogL$ is the value of the log-likelihood function. R^2_R is the coefficient of determination when regressing the returns on V_t^{MIDAS} and $R^2_{\sigma^2}$ is the coefficient of determination when regressing the realized variance on V_t^{MIDAS} . p_{11} and p_{22} are the transition probabilities of staying in the first and second regime, respectively. $P(S_t = 1)$ is the unconditional probability of being in the first regime.

^(a) In this case, the transition probability for regime 1 hit the lower bound that was imposed to respect the properties of a Markov chain.